

12. LOSING MY GRIP

Tuned down 2 (DGCFA D)

4/4 130 bpm

Em **Em/G** **Em** **Em/G** **Em** **Em/G** **Em** **Em/G**
I'm a fish caught on a hook
I'm in a car I can't con- trol
Bound and gagged and hooded on a chair

F#m **F#m /A** **F#m** **F#m /A** **F#m** **F#m /A** **F#m** **F#m /A**
A role in someone else's book
Stuck in this flesh with-out a soul
Lights burn bright there's danger in the air

G **Gm** **D** (Ab, G, F#)
Swimming blindly up a stream in someone else's dream it seems
Voices in my head telling me my hopes are dead and gone
The needle punctures skin, will the answers deep within be- gin

Bm **A** **Am7** **G**
Where did my free will go I suppose I'll never know all the possibilities for me
I'm not able to explain thoughts that flicker in my brain so I pretend I'm really not a- lone
Understanding all the pain lifts me to another plane truth arrives and opens up my mind

Gm **D**
When a glimmer comes in sight it's overtaken by the night
But the warmth soon disappears and I surrender as my fears
I see the dark despair in all the people everywhere

C **Am7** **B7 add E**
And I lose my grip on reali- ty
Un- do my grip and chill me to the bone **CHORUS**
Who grip on things that are better left be- hind

CHORUS (spoken)

A **G#m**
A familiar face floats in front of me but I can't recall their true identity
Heaven help me when at last they find that seething black hole locked beneath my mind

F#m **E**
The rhythm of a voice soothes me while digging through my mind
I suppressed it long ago when I was just a child

A **B/AaddE**
It draws me way back through time and place to all those buried things that I don't want to face
Before it I was shining bright but then I was plunged into the night

C#m **D** **B** **VERSE 3**
So many troubling things that I'd rather have left behind
Crouched in a corner from fears that were running wild **END**

END: Em Em/G Em Em/G Em Em/G Em Em/G

Em^{Fret 7} D^{Fret 5} Em^{Fret 3} D Em

LOSING MY GRIP – Lyrics

I'm a fish caught on a hook. A role in someone else's book
Swimming blindly up a stream. In someone else's dream it seems
Where did my free will go. I suppose I'll never know
All the possibilities for me
When a glimmer comes in sight
It's overtaken by the night
And I lose my grip on reality

I'm in a car I can't control. Stuck in this flesh without a soul
Voices in my head Telling me my hopes are dead and gone
I'm not able to explain Thoughts that flicker in my brain
So I pretend I'm really not alone
But the warmth soon disappears
And I surrender as my fears
Undo my grip and chill me to the bone

A familiar face floats in front of me but I can't recall their true identity
The rhythm of a voice soothes me while digging through my mind
It draws me way back through time and place
To all those buried things that I don't want to face
So many troubling things that I'd rather have left behind

Bound and gagged and hooded on a chair. Lights burn bright there's danger in the air
The needle punctures skin Will the answers deep within begin
Understanding all the pain Lifts me to another plane
The truth arrives and opens up my mind
I see the dark despair
In all the people everywhere
Who grip on things that are better left behind

Heaven help me when at last they find that seething black hole locked beneath my mind
I suppressed it long ago when I was just a child
Before it I was shining bright but then I was plunged into the night
Crouched in a corner from my fears that were running wild

12. Losing My Grip - CHORDS

